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Unleashing on June 8.

2 dead after shooting in Cranbrook

CRIME Two people are dead after what the RCMP described as a "targeted" shooting in southeastern British Columbia.

The Mounties were called Saturday to a house just outside of Cranbrook, located about 150 kilometres west of the B.C.-Alberta boundary. Officers found a woman dead and a man critically hurt. The man later died of his injuries.

Cpl. Chris Faulkner said the attack had the markings of a home invasion, but he wouldn't speculate on what motivated it.

Police are still searching for a suspect.

THE CANADIAN PRESS



Catch videographer Robin Kuniski's take on the Lilac Fest at metronews.ca/calgary

Unexpected clown kisses are a risk festival-goers like this one take at the Lilac Fest. Tens of thousands once again flocked downtown to 4th Street SW for the annual springtime event, despite some less-than-co-operative weather yesterday.

Weather can't keep crowds from Lilac Fest

Thousands defy cold, rain to take part in festivities

JESSICA PICHE for Metro Calgary

Cotton candy, buskers, music and shopping drew crowds to the 21st annual Lilac Festival despite the cold and rain.

A Calgary favourite, the festival closed down 13 city blocks along 4th Street SW for the day as tens of thousands of people roamed the booths and took in the festivities.

The festival provided Jacklynn Mannen and the Colours Hair Studio an opportunity to raise money

"There's different food, music and people. There's people from all over Calgary."

Sarah Johnson, festival-goer

for a charity close to her heart. For a small donation, participants spun a wheel to win prizes from a haircut to beauty baskets.

"The money we raise is going to the Cancer Society," said Mannen. "I'm a

survivor and this is a way to give back both to the community.

"We're close to raising \$1,000. A lot of people are wanting to donate for a good cause. It's been a great day."

Hip-hop bagpipes, Latin jazz and classic rock were a few of the musical acts entertaining passersby. According to Sarah Johnson, a first-time festival-goer, this diversity is the real appeal of the Lilac Fest.

"There's different food, music and people," said Johnson. "There's people from all over Calgary, too.

It's not just downtown."

Although the day was rainy, the cold weather did have a silver lining, according to Katrina Miller.

"Last year you couldn't even move, it was so busy," she said.

More than 600 exhibitors were on hand this year for Calgarians to explore.

Last year, under sunnier skies and warmer temperatures, it was estimated that 125,000 people made their way down to the festival.

An official estimate for this year was unavailable.

Mother, son to be reunited

KATIE TURNER for Metro Calgary

NOAH After two long years, Calgarian Lisa Kirkman has finally received the news she's been waiting for — her son Noah is coming home.

During the summer of 2008, Noah, then 10, was visiting his stepfather in Oregon when he was stopped by police for not wearing a bike helmet.

He was sent to a foster home after American officials did not recognize his stepfather as a legal guardian.

"I guess torturous is really the only way to describe it," said Kirkman of the last two years.

An Oregon court announced Friday that Noah will be coming home, though an official date has yet to be decided.

That night, Kirkman said she was able to speak to Noah for the first time without a social service worker listening in.

"It was just so amazing and so wonderful to talk to him. He's so happy."

Noah will live with his grandparents when he returns to Calgary until he's ready to move back home with Kirkman.

"I think it's made me stronger in a lot of ways, but I would definitely trade that strength to not have it happen at all," Kirkman said.

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Local



Hawkesworth eyeing mayor's chair?

Longtime Ward 4 alderman Bob Hawkesworth is widely speculated to be joining the mayoral race, with an "important" announcement scheduled for 4 p.m. today at a high-performance energy efficient home. Hawkesworth's bid for mayor would increase the number of candidates vying for the mayor's chair this fall to eight.

METRO CALGARY



News in brief

SAFETY Fire Department officials are warning Calgarians to use caution near the city's waterways after a man was pulled from the Bow River Saturday night. The fire department's Aquatic Rescue Team responded to reports of the man in the Bow near the Kensington LRT around 9 p.m. Saturday. The man was in chest deep water, but did not appear to be injured. He was showing signs of hypothermia. Fire officials did not know how the man entered the river.

METRO CALGARY

Following news stories on Twitter...

CalgaryTweets

@MichelleLem
Loving the vibe at the Lilac Festival!
#yyyc

@GeekyLindsay It bears repeating: my motorbike isn't unsafe. The way you drive your car when you're nearby can make ME unsafe. #yyyc

@lectio Dear Calgary Marathon people: can you come and hose the Gatorade off our grass and sidewalk now? #yyyc

@Zarquil We've been dawdling hoping to hold out for nice weather for #yyyc

#LilacFest. We're heading out for the afternoon.

Find out what we're up to!
Follow @metro_calgary on Twitter.

Marathon a runaway success

JESSICA PICHE
for Metro Calgary

Runners broke a sweat, and the bank, during yesterday's annual Calgary Marathon.

Over \$250,000 was raised for 19 local charities, event organizers said. More than 1,000 runners participated in the first Scotiabank Group Charity Challenge.

Three team prizes of \$2,500 earmarked for the charities that raised the most money, raised the most money per runner, and have the most runners participating will be announced after the June 16th deadline for pledges.

"It's a model that works really well," said Lynn Cox, marketing director. "We are definitely interested in bringing back the charity challenge next year."

With so many runners, the Calgary marathon is a large event to organize and run. "We were putting out little fires here and there," said Cox. "The day went smoothly and was



Laura, 6, and Daharh, 6, give an Olympian-sized bite to their marathon medals during yesterday's Timbits marathon segment. More than 8,700 runners took part in Calgary marathon events yesterday.

very successful overall."

Despite the rain and wind, more than 8,600 runners, including about 500 children competing in the Timbits Kids Marathon. And, despite the chilly weather, kids seemed to enjoy the fun.

According to Abbi Prost, 10, racing is an exciting way to spend the day, especially with her parents cheering her on. "I like that you get an adrenaline rush," she said.

"It makes you confident."

Winning the women's division with a new marathon course record of 3:02:39 was Ellie Greenwood of Banff.

Graeme Wilson of Vancouver won the men's marathon title with a time of 2:32:14.

Four citizens hold alleged robber at the scene: Police

KATIE TURNER
for Metro Calgary

ROBBERY Four Calgarians are being credited with detaining an alleged robber while police were en route.

Around 11 p.m. on Saturday night, police were called to the Glenmore Pool, where William Crawford, 43, had allegedly driven a stolen car

through the building doors.

He was under the influence of drugs and was presumably in search of cash, said acting Insp. Michael Watterston.

According to police, he fled the scene and 15 minutes later crashed through the doors of a hair salon in the Riverbend Shopping Centre on 18th Street SE.

As he was attempting to leave, three male onlook-

\$10,000

The total damage for both buildings is estimated at \$10,000.

ers grabbed him while a female called the police, police said.

"It's not something that we openly encourage people to put themselves in

harms way but ... they did it safely, they didn't get hurt and the person contacting police was able to co-ordinate police arriving shortly after these guys grabbed a hold of our offender," said Watterston.

"This was an individual that we were actually looking for — he was a prolific break-and-enter artist, so it was great to get a hold of him and take him off the streets."

Downtown cameras may keep rolling

CRIME Downtown video surveillance trials may be extended as the city attempts to determine how effective the 16 cameras have been.

The cameras, first installed in March 2009, have performed well, according to a city report. "It is too early to draw any definitive conclusions in regard to the success of the ... pilot project," said the report.

Downtown resident Mitch Wheeler believes the cameras have done little to improve the safety of his neighbourhood. "Within a few blocks of us, there's a lot of crime going on," said Wheeler. "I don't think, just because there's cameras up, that suddenly it's going to change things."

The city hopes to move some of the cameras to areas with higher crime rates. So far, there have been 72 requests for video footage.

KATIE TURNER/
FOR METRO CALGARY

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WHAT'S ONLINE TODAY

Immigration Guidy Mamann on how Canada's immigration officers may be hurting foreign relations at metronews.ca/immigration

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Saturday, May 29
Lotto 6/49: 18, 32, 40, 41, 47 & 49 Bonus 7
These results are not official.



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Hit by train, man in serious condition

INVESTIGATION Police are investigating after a man was hit by a train in downtown Calgary early Saturday morning. He was taken to hospital in serious condition after the train crew called police. The train was travelling eastbound when it struck the man near 9th Avenue and 2nd Street SW. The area in which he was struck is fenced off to the public.

METRO CALGARY

Pincott to open environment expo

ENVIRONMENT Deputy Mayor Brian Pincott and Alberta Energy Minister Ron Liepert will open the 21st annual Mayor's Environment Expo tomorrow, kicking off three days of schools strutting their eco-stuff and 60 exhibitors showcasing their eco-action.

Opening ceremonies will include a lively musical performance by Nellie McClung School's kindergarten students, and Grade 5 and 6 students from Chief Justice Milvain School providing a lesson on going idle-free.

METRO CALGARY

Pie-through proves popular

Calgarians lining up for Log Barn's drive-through pies

KRISTA SYLVESTER
krista.sylvester@metronews.ca

If you can't beat 'em, join 'em. And if you're a new business with a drive-through window, use it.

And that's how the city's most unique pie shop, Log Barn 1912, located right on 16th Avenue and 15 Street NW was born.

Owner Kimberly Clarke decided to use the existing drive-through window when she opened her B.C.-originated pie shop at the end of 2009 and the decision has proven fruitful for her as the drive-through shop has been a hit with Calgarians.

"People love it; it's been very popular. Sometimes people will come inside and then go out to use the drive-through, and sometimes they will go through the drive-through and come in after to see the interior décor," Clarke said.

"We just wanted to bring some rural to the city," Clarke said.

The Log Barn is known



Log Barn employee Kimberley Clark serves up some pecan pie to customer Rob Blood at a drive-through window unique to this bakery, deli and vegetable market.

in B.C. for its variety of fruit and meat pies and both have been just as popular in Calgary, as many local food bloggers

would attest to.

Michelle Tran says her two children are huge fans of the pie shop.

"They just think it's

awesome. We try to come once a month, so we have been here a few times and they always want to use the window," she said.

Urban chickens to get trial run

KATIE TURNER
for Metro Calgary

CLUCK Backyard chickens may not be far off as Animal and Bylaw Services is set to present a one-year pilot project for preliminary review by a city committee Wednesday.

The project will involve a number of Calgarians housing up to six hens in their backyards for the production of eggs.

"We've been trying to create an understanding with citizens about the right to food," said Paul Hughes, president of the Canadian Liberated Urban Chicken Klub.

Data will be collected to see if this type of urban farming is feasible, said head of Animal and Bylaw Services Bill Bruce.

"I'm hoping to learn what it is Calgarians expect ... the only way to do that is to really try this," he said.

Bruce said that if approved by the committee on community and protective services, the proposal will move on to city council. He said he hopes to see the project underway by July.

News in brief

ROBBERY City police are looking for a Caucasian male described as 40 to 50 years old, bald, overweight and wearing a blue, collared long-sleeve shirt after an alleged robbery at the CIBC in the 6000 block of Macleod Tr. SW, on Saturday just before 2 p.m. Anyone with information is asked to call the Calgary Police Robbery Unit at 403-206-8787.

FIRE No one was home when

firefighters were called to the 9200 block of 5 St. SE on Saturday for reports of a fire at the residence. Fire officials said the fire started outside the home on the attached deck and spread through the soffit into the attic. Fire crews extinguished the flames and overhauled the home to make sure the fire hadn't spread. Damage is estimated at \$20,000 and the cause of the fire is under investigation.

CASINO The Calgary Stampede announced Friday they have finalized an agreement to purchase the Stampede Casino. According to the release, the Calgary Stampede said the corporation that owns and operates the casino is currently in receivership. The Calgary Stampede sold the casino to a third-party operator in June 2008.

METRO CALGARY

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COLUMBIA
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Ontario extends drinking hours for World Cup

Soccer fans across Ontario will be able to hoist a brew an hour earlier to cheer on their favourite team during the World Cup. Ontario Minister of Consumer Services Sophia Aggelonitis has decided to follow Toronto's lead and temporarily change drinking hours to start at 10 a.m. **THE CANADIAN PRESS**

5

Canada



Uproar due to 'silly season': Clement

Industry Minister Tony Clement, left, dismissed Commons uproar over his infomercial appearance as a product of the parliamentary "silly season." He took part in a promotional video for a private firm in his riding that was trying to rustle up business in China. Liberals and New Democrats demanded Clement be fired. **THE CANADIAN PRESS**

News in brief

GUN REGISTRY A positive report on Canada's long-gun registry was kept secret from members of Parliament until after a crucial vote in the House of Commons, newly disclosed documents show. The report, which said police were using the controversial registry more than ever, was required by law to be tabled in Parliament by last Oct. 22, says an internal memo. That was well before a private member's bill to scrap the registry went to a dramatic vote in the House of Commons Nov. 4.

FOREIGN AID The federal government is telling other G8 countries that Canada is willing to put about \$1 billion toward maternal and child health — as long as other countries ante up, too, sources tell *The Canadian Press*. The Canadian cash will likely target poor countries with the worst records of maternal and child mortality.

THE CANADIAN PRESS

Toronto **New Leaf fan**



Israel Prime Minister Benjamin Netanyahu, right, receives a Toronto Maple Leafs hockey jersey along with his wife, Sara Netanyahu, centre, after speaking at a United Jewish Appeal Walk with Israel event yesterday in Toronto. Canada is a strong ally of Israel, he said.

Troops stunned at officer's dismissal

The abrupt dismissal of Canada's military commander in Afghanistan over an alleged dalliance with a subordinate left troops in disbelief yesterday, wondering what became of their leader tasked with leading them at a critical juncture in the war.

The stunning accusation that Brig.-Gen. Daniel Menard engaged in an intimate relationship with a female member of his staff while in theatre provided a momentary distraction amid the grisly realities of the conflict.

One young Canadian soldier widened his eyes when told of the news before quickly saying he didn't want to discuss the matter.



Brig.-Gen. Daniel Menard

Another summed it up in blunt terms. "It's just sad," said the troop, who declined to give his name. "I'd rather not talk about it."

Menard, whose once-sparkling career with the Canadian Forces dates back 26 years, was relieved of his command in Afghanistan after military

brass became aware of allegations he was involved in a personal relationship with a woman.

Menard joined the Canadian Forces in 1984. He swiftly ascended the ranks, serving in Britain, Germany, Bosnia-Herzegovina and Haiti.

THE CANADIAN PRESS



After a miscarriage, Celine Dion announces she's pregnant with twins.

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A long-lost black strapless dress worn by a 19-year-old Lady Diana in famous 1981 photographs is to be auctioned off June 8. A minor scandal arose at the time over the dress's revealing cut. **THE ASSOCIATED PRESS**

World



Pope refused to defrock priest

The future Pope Benedict XVI refused to defrock an American priest who served time in prison for molesting numerous children because the cleric wouldn't agree to the discipline. Documents obtained by The Associated Press show Cardinal Joseph Ratzinger, following church law at the time, turned down a bishop's plea to remove the priest only because the abuser wouldn't agree. **THE ASSOCIATED PRESS**

Pro-Palestinian aid flotilla sets sail for blockaded Gaza Strip

CYPRUS Hundreds of pro-Palestinian activists, including a Nobel laureate and a Holocaust survivor, set sail yesterday for the Gaza Strip, edging closer to an expected naval showdown with Israeli gunships determined

to stop them.

Huwaida Arraf, one of the organizers, said the six-ship flotilla began the journey from international waters off the coast of Cyprus in the afternoon after two days of delays. **THE ASSOCIATED PRESS**

'We are dying a slow death'

After failing again to stem the flow of oil into the Gulf of Mexico, BP scrambled yesterday to make some progress in ending the spill that the president's top energy adviser said was the biggest environmental disaster the U.S. has ever faced.

Six weeks after the spill, oil giant BP said that its latest plan to cap the well wouldn't capture all the crude fouling the Gulf. And the two relief wells currently being drilled won't be done for at least two months. That means the relief well won't be completed until the mid-

dle of the Atlantic hurricane season, which begins tomorrow. The top official in coastal Plaquemines Parish said news of the top kill failure brought tears to his eyes. "They are going to destroy south Louisiana. We are dying a slow death here," said Billy Nungesser, the parish president.

THE ASSOCIATED PRESS



Thai tourism industry learns that armed guards and smoky streets are bad for business.

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Hong Kong Tiananmen protest



Police officers hold a barrier as they clash with protesters yesterday in Hong Kong. Hundreds were demanding Beijing exonerate the pro-democracy demonstrators it brutally suppressed 21 years ago in the June 1989 Tiananmen Square crackdown.

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News in brief

FACEBOOK The day has come for a Toronto web technologist who launched QuitFacebookDay.com, with the goal of persuading people drop their accounts with the social

networking site today, to delete his account — along with more than 24,000 who had signed up with the website as of yesterday.

THE ASSOCIATED PRESS

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Dozens dead as storm hits Central America

Central American authorities say at least 83 people have been killed in flooding and landslides associated with the region's first tropical storm of the year.

Guatemala's disaster relief spokesman says 73 people have been killed as a result of torrential rains brought by Tropical Storm Agatha, which slammed into the region as a tropical storm before dissipating.

Salvadoran President Maruricio Funes says nine people are dead in his country, and Honduras has reported one fatality.

Agatha made landfall near the border of Guatemala and Mexico on Saturday with wind speeds of up to 75 km/h, then weakened into a tropical de-



Residents try to pull a tree trunk from El Jute river to prevent it from damaging a bridge in La Libertad, El Salvador, yesterday.

pression before dissipating over the mountains of western Guatemala. Although no longer even a tropical depression, Agatha still posed trouble for the region: Rem-

nants of the storm were expected to deliver 25 to 50 centimetres of rain over southeastern Mexico, Guatemala and parts of El Salvador. **THE ASSOCIATED PRESS**

News in brief

JAMAICA Security forces with M-16s and rotating machine-guns at the ready yesterday patrolled a hostile slum in Jamaica's capital where angry defenders of a fugitive underworld boss complained of un-

provoked attacks and the deaths of innocents. Nearly a week after security forces started a deadly four-day assault in search of reputed drug lord Christopher (Dudus) Coke, residents of the Tivoli

Gardens slum were trying to live their lives amid military checkpoints. Many residents insist that the death toll is higher than the official tally of 73.

THE ASSOCIATED PRESS

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Comment

E-bikes: Viable option

InTransit

Adrienne Beattie

metronews.ca/intransit

This week Canadians are being asked to get to work without driving solo. My commute is a little more than 40 kilometres round trip — an inconvenient haul on transit, too far to cycle and I can't find anyone committed to carpooling. So I called the folks at Green City Motors, got hooked up with an electric bicycle and found my answer to the commuter challenge.

I'm wary of cycling in the city and haven't done much of it. My heart was pounding when I strapped

on my bicycle helmet and hit the streets of South-west bound for my office in West Hillhurst. Then I engaged the throttle and left the fear behind.

Electric bicycles can do a couple things — assist you while you pedal or propel you entirely. These bicycles are an option for those of us with a lengthy commute that might not be prepared to sweat it out self-propelled. E-bikes aren't about exhibiting one's physical prowess; rather, they offer a viable alternative to the car.

I don't want much to do with my car since I discovered e-bikes. My commute takes less than an hour

and it's fun. My ride is unrestricted — I can choose my path passing the Elbow and Bow rivers, numerous parks, and historic houses I wouldn't otherwise see. I'm not stuck in

"I don't want much to do with my car since I discovered e-bikes. My commute takes less than an hour and it's fun. My ride is unrestricted ..."

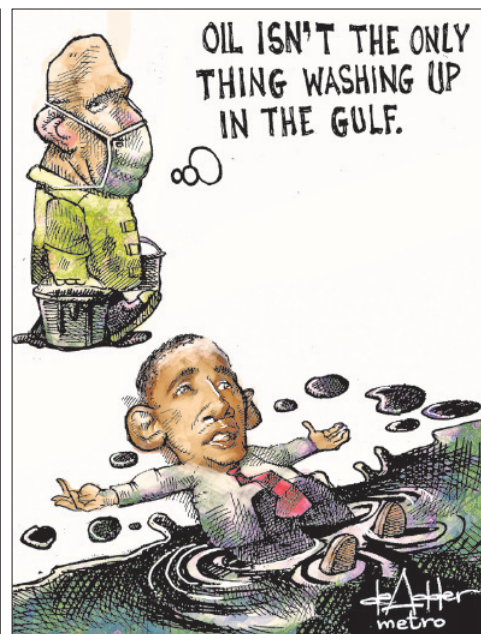
traffic and I'm not producing harmful emissions. I feel like a bit of a rock star zipping up hills and, at times, keeping pace with traffic. E-bikes can go as fast as 32 km/h. Most come equipped with lithium batteries that range about 50 kilometres before a charge is needed, which takes a few hours plugged into a regular 110-volt wall socket. They don't require a licence and they're simple to operate. Euro-

peans and Asians, rooted in strong cycling cultures, have embraced the e-bike, with 120 million in China alone.

That first ride into work took a little longer than expected as I got turned around a few times. Returning home, I met a fellow named Stuart heading south as well. He commutes every day on his bike (self-propelled) and showed me a more direct route back.

The ride home was beautiful. The sun glinted off the Elbow River and the air was sweet with the fragrance of lilacs. Stuart wondered aloud why more people don't commute like this. With a bit of electrical assistance, I'm wondering now, too.

Adrienne Beattie is a Calgary-born writer who has covered urban issues since 2001 and has an English degree from the University of Calgary.



Noteworthy

Louisiana churchgoers draw closer to their faith

The reality that the Gulf oil leak could keep flowing for months was setting in for some sombre churchgoers in Louisiana. In Plaquemines Parish near the mouth of the Mississippi River, the Rev. Theodore Turner said yesterday some of his congregants are getting desperate because BP has been unable to stop the leak.

Turner, of Mount Olive Baptist Church in Boothville, says about one-third of his congregation is made up of fishermen. At St. Patrick's Catholic Church in Port Sulphur, church member Lyle Stockstill said the community is drawing closer to its faith as the nation's worst oil spill grows.

THE ASSOCIATED PRESS

150

The spill is the worst in U.S. history — exceeding even the 1989 Exxon Valdez disaster — and has dumped between 68 million litres and 150 million litres into the Gulf, according to U.S. government estimates.

Quote of the Day

"Once the events have occurred and the spending has occurred we can look to see if it was done appropriately ... It certainly seems like a lot of money. I think we have to understand better what it is for."

— AUDITOR GENERAL SHEILA FRASER, WHO IS READY TO LOOK AT THE HUGE SECURITY COSTS FOR THE G8 AND G20 SUMMIT MEETINGS NEXT MONTH.
THE CANADIAN PRESS

Worth mentioning

Tories seeking allies for copyright bill

Faced with an almost guaranteed public campaign against their new copyright legislation, the Conservatives are actively looking to recruit allies across the Commons floor. Industry Minister Tony Clement told The Canadian Press yesterday he's counting on co-operation from one or more of the opposition parties.

"I'm not coming down from the mountain with this chiselled in stone," Clement said.

"This bill may have elements in it where we could seek some consensus and there could be some positive amendments to this bill. That's certainly in the realm of possibility, too, and let the process begin."

The bill is expected to be introduced Thursday, but critics are already lining up to oppose it. Sources have said the legislation

will make it a crime to pick a "digital lock" attached to a piece of music, film, electronic game or other product. For example, overriding the copyright code on a song to burn it to a CD would violate the act. Format shifting, moving digital material around from say, a CD to an iPod, or burning from a PVR to a DVD, will be considered legal for personal use as long as no digital lock is picked.

That doesn't sit well with many vocal proponents of user rights, who say big entertainment

multinationals will be given too much sway over what Canadians do in their own homes, with their personal property. When the Conservatives last tried to introduce changes two years ago, a massive online campaign erupted to oppose it and they were forced back to the drawing board, striking cross-country consultations and going back and forth within cabinet.

The legislation will also tinker with the definition of "fair dealing," and is expected to make it somewhat easier for academic

institutions to use copyrighted material without breaking the law.

The bill will also be technologically neutral, avoiding references to specific methods of recording or using material so it won't become quickly outdated.

Clement stresses there will be nods to both the creators of copyrighted material in the legislation, and to the consumer. But he concedes it's difficult to please everyone.

Copyright is an all-around pain in the neck for politicians, who can't seem to find any domestic political advantage to making changes. The real pressure on the Conservatives is to appease the Americans and Europeans, who view Canada as a rogue for not having brought its laws into line with the rest of the international community.

THE CANADIAN PRESS

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Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



The three kilometre-high plume from Eyjafjallajökull volcano, as seen from miles away

An eruption of new ideas

Silver lining found in ash cloud

BEN KNIGHT
for Metro Canada



We all know the ongoing volcanic eruption in Iceland has been hugely disruptive to European air travel. But how is it affecting the air those airplanes travel through?

In terms of greenhouse gas, the difference is dramatic. Gizmodo.com reported that, at the height of the eruption, the volcano was emitting less than eight percent of the CO₂ regularly pumped into the sky by all the planes that were grounded. That enormous, spreading plume of ash actually cut greenhouse gases over Europe by more than 200,000 tons — a day.

"This just shows how polluting the air industry really is," says Joel Willans, an author, blogger and professional traveler. "Thanks to the explosion of cheap airlines in Europe, people jump on planes as if they were catching a bus. Cheap airline tickets really do cost the earth."

With Clean Air Day coming up on Wednesday, Willans has some intriguing observations on the future of commercial aviation.

"The idea that we can't live without air travel strikes me as bizarre when you think that commercial air travel is only about 70 years old," he argues. "There are loads of alternative methods of getting

around and an increasing number of websites catering for people who are up for flightless travel."

Willans wrote a piece called "Five travel sites for the next time the ash hits the fan" for his blog at ovimapsexplorer.com. For travellers willing to sacrifice the speed of air travel, some intriguing possibilities await.

"I think people are rediscovering the joys of slow travel. Train, bus and boat bookings have increased and more and more people are holidaying in their own country. Human beings are incredibly adaptive. I spoke to lots of people in London who said how much they enjoyed the disruption, as skies were so wonderfully quiet."

For Willans, travel is about the journey.

"In my experience, the more challenging it is to get from one place to another, the more memorable is the holiday," he notes. "You get a far better sense of a place travelling through it, rather than 30,000 feet above it."

Willans concludes that the Iceland eruption's deeper message is a hard one to ignore.

"For our entire technological prowess, this one volcano managed to bring the whole of European airspace to a complete standstill. I think natural events like this are useful reminders that we're merely inhabitants of this planet and not its owners."

Clean Air Day

Clean Air Day — officially launched in Canada on June 2, 1999 — is a national effort to increase public awareness of air quality and climate change.

This popular event has inspired local activities and initiatives across the country.

It's also been used to launch federal programs like the One-Tonne Challenge

Clean Air Day Events:

- Drake Landing Solar Community — Mayor's Learn at Lunch
- Glenbow Museum, 12-1 p.m.

Did you know?

Calgary has just been named the top eco-city in the world, according to Mercer's 2010 Quality of Living survey.

BEN KNIGHT/METRO CANADA

Transit challenge

The Commuter Challenge is encouraging Canadians to leave their car at home and walk, cycle, take transit, carpool (ride share) or tele-work instead of driving to work alone. To find out to participate visit commuterchallenge.ca. METRO NEWS SERVICES

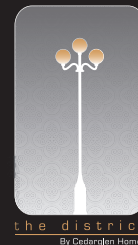


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Bangladesh has become the second South Asian nation after Pakistan to block the popular social networking website Facebook over a page that urged people to draw images of Islam's Prophet Muhammad. **THE ASSOCIATED PRESS**

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Cashing in on the Cup

World Cup provides major marketing opportunities

The tournament isn't being played in Canada. The Canadian men's national soccer team didn't qualify to participate.

Yet, the Canadian divisions of major global brands, from Coca-Cola to Adidas, view the 2010 FIFA World Cup as second only to the Olympics in terms of the opportunity to sell everything from soda pop to running shoes.

"It will be the largest individual property we've ever invested in. More than the new tagline we launched five years ago — 'Impossible is Nothing,'" says Steve Ralph, president of Adidas Canada.

As the world's most popular sport, the international soccer championship, held every four years, ignites a frenzy of marketing opportunities around the globe.

There are already limited edition soccer shaped Coca-Cola bottles on sale in major Canadian retail outlets, such as Loblaw's, and Adidas brand national soccer jerseys in major sporting goods stores, such as SportChek.

Provocative photos of star soccer players grace the



The Canadian divisions of major global brands — from Coca-Cola to Adidas — see the 2010 World Cup (featuring such players as Portuguese star Cristiano Ronaldo) as one of the most important marketing opportunities of the year.

cover of the current issue of Vanity Fair magazine.

But the real campaign will get underway June 11, when the first of 30 days of

games kicks off in the host nation, South Africa.

And while the Canadian men's national team ranks 63rd in the world, between

Macedonia and Montenegro, the World Cup hits home for many first and second generation Canadians from countries where football, as it's called everywhere but North America, is king.

The World Cup will be huge in Toronto, bigger than the 2010 winter Olympics, says Alan Middleton, marketing professor with York University's Schulich Executive Education Centre.

"You're going to have more packed bars with people watching it, people talking about it on their front steps and in their apartment blocks," Middleton said. "The Olympics is nice. But football is tribal. Toronto in particular is a series of ethnic communities who will be passionately supporting their teams."

"It has phenomenal viewing within Canada given our multicultural element," says Stephen Forbes, CIBC's executive vice-president of marketing, communications and public affairs. "So, for us, it's an opportunity to lock in a very big audience for the month of June and July."

TORSTAR NEWS SERVICE

BoC to tip its hand on rates this week

RECOVERY It's a blockbuster week for Canadian economic events, headlined by a long-anticipated announcement from the Bank of Canada on whether it will move interest rates higher.

Until recently, economists thought it was practically a certainty that the bank would up rates from historical lows of 0.25 per cent, where they have been since April 2009.

But doubt started to creep in over the last month as worries about the European government debt crisis started to escalate, which in turn helped drive stock markets sharply lower during May.

What started as concern over whether Greece could control its unsustainably high deficit has grown to worry about whether the euro currency itself can survive as countries mainly in southern

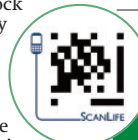
Europe slash spending to lower debt.

Analysts have said that the central bank wouldn't want to be seen raising rates at a time when financial markets are in turmoil.

"I've just seen the sentiment on this shift out dramatically and I hate to say it's this simple but it is: It is whatever global stocks are doing," said Doug Porter, deputy chief economist at BMO Capital Markets.

"If it looks like the markets are calming down and settling down, then it just becomes no issue."

THE CANADIAN PRESS



Canadian media taking a cautious approach to developing for Apple's iPad.

Scan this code for the story. Learn how to scan on the Local page.

Business in brief

DEBT The economy trudges ahead yet debt dogs many Americans, stressing them out even as they firm up their own financial foundations. There are new jobs produced but old worries persist for people despite belt-tightening and boosted savings, according to an Associated Press-GfK poll.

About 46 per cent of those surveyed say they're suffering from debt-related stress, and half of that group described their stress as "great deal" or "quite a bit." On the other hand, about 53 per cent say they feel little or no stress at all.

THE ASSOCIATED PRESS

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Knee surgery to sideline Sizemore

Cleveland outfielder Grady Sizemore will have surgery on his left knee next week and is expected to miss at least six to eight weeks. The three-time all-star has a deep bone bruise in the knee he injured May 16. **THE ASSOCIATED PRESS**

11

Sports

Flyers vs. Hawks a hit

The Philadelphia Flyers and Chicago Blackhawks are already a television hit in the United States. Chicago's stirring 6-5 victory Saturday night in the opening game of the Stanley Cup final produced the best overnight rating for a hockey final opener in 11 years. The game on NBC garnered a 2.8 overnight rating and 6 share, the best numbers since 1999 when Buffalo and Dallas produced a rating of 3.7 on FOX.

THE ASSOCIATED PRESS



EDITOR: DON.MCHOULL@METRONEWS.CA

Franchitti's gamble pays off

One lap to go, running on empty and a car bearing down on his tail.

After having the dominant car and the perfect game plan, Dario Franchitti still needed more yesterday — one break to win his second Indianapolis 500.

He got it in the form of a spectacular, airborne crash that brought out a yellow flag and allowed him to cross the line with a scant 1.6 gallons of fuel left.

That 1.6 gallons left him holding a quart of milk, a winner at the Brickyard for the second time in four years.

"Still running," the winner told his crew over the radio as he crossed the finish line, while wreckers were moving out to scoop up debris from an accident that sent Mike Conway into the wall and to the hospital

Canadian content

• Alex Tagliani of Lachenaie, Que., was 10th.

with a broken left leg.

The victory made Franchitti's boss, Chip Ganassi, the first owner to win Indy and NASCAR's Daytona 500 in the same year.

It validated the Scottish driver's return to the IndyCar circuit two years after celebrating his 2007 Indy victory by making an unsuccessful move with Ganassi to NASCAR.

And, of course, it made Franchitti and crew look like the master tacticians they were on this day — working the gas pedal perfectly to stretch their final fill-up for the last 37 laps.

THE ASSOCIATED PRESS



Dario Franchitti leads the pack during the 94th running of the Indianapolis 500 yesterday. Franchitti won the race.

Sports in brief

TENNIS Canadian Daniel Nestor and Serbian partner Nenad Zimonjic advanced to the French Open men's doubles quarter-finals with a 6-7 (2), 6-4, 6-3 win over Frenchmen Guillaume Rufin and Alexandre Sidorenko yesterday.

GOLF Zach Johnson now has a plaid jacket to go along with his green one. Johnson shot a closing 6-under 64 yesterday in the final round of the Colonial, winning at Hogan's Alley with a tournament-record score of 21-under 259.

TENNIS Venus Williams' celebrated corset went under wraps yesterday, and now it's out of the French Open. Playing with a long-sleeve top over her black lace outfit on a chilly afternoon, Williams lost in the fourth round to Nadia Petrova, 6-4, 6-3.

METRO NEWS SERVICES

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BASEBALL

YESTERDAY'S AL RESULTS

Toronto 6 Baltimore 1
Boston 2 Kansas City 1
Chicago White Sox 8 Tampa Bay 5
Detroit 10 Oakland 2
N.Y. Yankees 7 Cleveland 3
L.A. Angels 9 Seattle 7
Minnesota 6 Texas 3

YESTERDAY'S NL RESULTS

Atlanta 5 Pittsburgh 2
Florida 1 Philadelphia 0
Houston 2 Cincinnati 0 (no inngs)
L.A. Dodgers 4 Colorado 3
N.Y. Mets 10 Milwaukee 4
St. Louis 9 Chicago Cubs 1
San Francisco 6 Arizona 5
San Diego 3 Washington 2

NHL

SATURDAY'S RESULTS

Chicago 6 Philadelphia 5 (Chicago leads series 1-0)

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Philadelphia at Chicago, 6 p.m.

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According to a new study from the U.S.-based National Association of College Stores, 74 per cent of college students prefer to use a printed textbook when taking a class. **METRO NEWS SERVICES**

Workology

Med schools costs affecting health?

According to an article published in the journal *Medical Education*, the high cost of medical school in Canada may have a negative impact on the health of Canadians. University of Alberta research reveals that most medical students come from wealthy families and few come from rural areas. The Canadian Federation of Medical Students says medical students from rural areas and low-income families are more likely to set up practice in rural areas and serve low-income patients. **METRO NEWS SERVICES**

EDITOR: DOUGLAS.DUNLOP@METRONWS.CA

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When we listen to or play music, we relax and express ourselves honestly. Music helps us practise language and hand-eye coordination and it builds confidence.

Such is the focus of music therapy, which Rachael Finnerty, 35, has been practising for the last decade.

Growing up, she played piano in her spare time, and worked completed grade nine with the Royal Conservatory of Music. But she was also fascinated by human interactions.

She thought eventually she'd become a speech therapist when she left her home to study psychology at Dalhousie University in Halifax. She was in second year when she came across a book in the library about



Rachael Finnerty helps people through the power of music.

music therapy. "I was just in seventh heaven," she recalls after realizing she could combine her passions.

Since there were no graduate programs in music therapy in Canada at the time (there is one now, at Sir Wilfrid Laurier in Waterloo, Ont.), Finnerty stayed in Europe after studying in France for her final year of university, volunteering at music therapy clinics.

She applied was accepted to the masters program at

Cambridge University. After finishing the 12-month program — which included theory and plenty of hands-on work — she returned to Canada in 2001. She set up a private practice and began working with autistic kids, people with brain injuries and older adults with dementia. She then also worked part time at Sunnybrook Health Science Centre, working with seniors.

In 2007, Finnerty and her growing family moved to

The Lowdown

Job title: Music therapist

Salary: \$65,000 and up

Education/training: Undergraduate or masters degree in music therapy

Best Part of the Job: "Every day and every session seeing more ability with a client."

Worst Part of the Job: "Music therapy is not accessible to everyone because of the cost."

nearby Hamilton: A city that fortunately for her had few music therapists. Finnerty found numerous clients right away and in early 2010 opened up her own studio offering music, creative writing and art therapy, and other services such as speech language pathology and Reiki.

Finnerty sees few clients herself, but devotes most of her time to running her clinic, teaching at McMaster University and Laurier, and teaching music classes for kids with special needs.

When Finnerty does a session, she often begins by singing a simple song while playing guitar. For clients who struggle with speech, she encourages them to sing a line. She'll then have her client strum a string on the guitar, play the piano or pick up a simple instrument. Over time, she may encourage a client to compose music on the spot, or rewrite words to a familiar song to express feelings.

For the client, it's all fun, but Finnerty is always thinking about building their confidence, working on hand-eye-coordination or assessing someone's condition. "If we make great music, that's lovely, but that's not why we're in session."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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Eubanks leaves Tonight Show

It's a wrap for Tonight Show bandleader Kevin Eubanks after 18 years of backing up host Jay Leno. Bidding Eubanks farewell on Friday's show, Leno said, "I don't think we've ever had an argument." **THE ASSOCIATED PRESS**

13

Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Del Toro says Wolfman howl more 'like a meow'

Benicio Del Toro delved deeply into his leading role in The Wolfman, out on DVD tomorrow.

The Oscar winner endured many hours in the makeup chair — frequently getting in and out of uncomfortable prosthetics and a hairy suit — and was a producer on the film that co-stars Anthony Hopkins and Emily Blunt.

But for all his efforts, he couldn't seem to nail one of the hallmarks of the man-eating beast: the howl.

"I couldn't howl with the teeth, you know," Del Toro, 43, admitted in a recent phone interview after serving on the jury at the Cannes Film Festival.

"It's impossible to howl with the teeth. I tried. It



Del Toro

sounded terrible — it sounded like a cat, like a meow."

Howl woes aside, Del Toro's wolfman transformation is grisly, with CGI effects showing his bones cracking and growing under his skin as he morphs into the monster. The Puerto Rican-born, Pennsylvania-raised star — who won the best supporting actor Oscar in 2001 for Traffic — says the costume was excruciatingly hot.

"It was like being in a sauna with a parka ... taking it off was usually a drag because it would usually take about two hours to take it off and you're tired and sweaty, you know, you're just dying to get off that suit." **THE ASSOCIATED PRESS**

Death of a film rebel

Cancer claims life of Dennis Hopper at age 74

Dennis Hopper, the high-flying Hollywood wild man whose memorable and erratic career included an early turn in Rebel Without a Cause, an improbable smash with Easy Rider and a classic character role in Blue Velvet, has died. He was 74.

Hopper died Saturday at his home in the Los Angeles beach community of Venice, surrounded by family and friends, family friend Alex Hitz said. Hopper's manager announced in October 2009 that the actor-director had been diagnosed with prostate cancer.

The success of Easy Rider and the spectacular failure of his next film, The Last Movie, fit the pattern for the talented but sometimes

uncontrollable Hopper, who also had parts in such favourites as Apocalypse Now and Hoosiers. He was a two-time Academy Award nominee and in March was honoured with a star on Hollywood's Walk of Fame.

"We rode the highways of America and changed the way movies were made in Hollywood," Peter Fonda, his Easy Ride" costar, said in comments carried by several news outlets. "I was blessed by his passion and friendship."

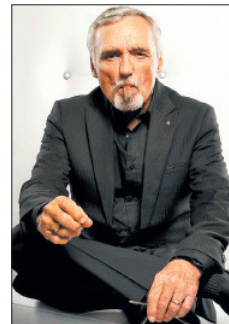
After a promising start that included roles in two James Dean films, Hopper's acting career languished as he developed a reputation for throwing tantrums and abusing alcohol and drugs. On the set of True Grit,



Keys expecting

Alicia Keys is in a motherhood state of mind: She's pregnant with her first child. The Grammy Award-winning R&B singer has been dating producer Swizz Beatz.

THE ASSOCIATED PRESS



Dennis Hopper, whose film Easy Rider became a landmark in film and counterculture, died of cancer on Saturday.

Hopper so angered John Wayne that the star reportedly chased Hopper with a loaded gun.

"Much of Hollywood," wrote critic-historian David Thomson, "found Hopper a pain in the neck."

All was forgiven when he collaborated with Fonda on a script about two pot-smoking, drug-dealing hippies on a cross-country motorcycle trip.

On the way, Hopper and Fonda befriended a drunken young lawyer (Jack Nicholson in a breakout role) but aroused the enmity of Southern rednecks and are murdered before they can return home.

"Easy Rider was never a motorcycle movie to me," Hopper said in 2009. "A lot of it was about politically what was going on in the country."

THE ASSOCIATED PRESS

Box office



Shrek Forever is No.1 at the weekend box office.

Estimated ticket sales for the weekend:

- 1 SHREK FOREVER AFTER:** \$43.3 million US
- 2 SEX AND THE CITY 2:** \$32.1 million
- 3 PRINCE OF PERSIA: THE SANDS OF TIME** \$30.2 million
- 4 IRON MAN 2:** \$16 million
- 5 ROBIN HOOD:** \$10.3 million
- 6 LETTERS TO JULIET:** \$5.9 million
- 7 JUST WRIGHT:** \$2.2 million
- 8 DATE NIGHT:** \$1.8 million
- 9 MACGRUBER:** \$1.5 million
- 10 HOW TO TRAIN YOUR DRAGON:** \$1 million.

THE ASSOCIATED PRESS

CA	Vu SC	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
267	351	- ACCESS	Alberta Primetime (Live)	The Listener (DVS)	Would Be Kings (2008, Crime Drama)	Currie Graham.	Primetime			
243	317	3 CFCN	etalk	Access H.	(8:01) CSI: Miami	Hiccups (N)	Dan for Mayor	Two/Half Men	Big Bang Th	CTV News
-	-	4 OMNI	King	The Simpsons	Omni News: S. Asian Edition	Omni News: Cantonese Edition	Two/Half Men	Two/Half Men	Metropia	
-	371	5 KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	The Bachelorette	Ali experiences car trouble on a date.	True Beauty	The Hour
245	306	6 CBRT	(6) NHL Hockey	Philadelphia Flyers at Chicago Blackhawks.	TBA	To Be Announced	The Summit (2008, Suspense)	Mia Maestro.	News Hour	EP Daily
244	338	7 CICT	ET Canada	Entertainment	Lie to Me "Tractor Man"	True Beauty (N)	The Bachelorette	Ali experiences car trouble on a date.	Le Téléjournal Nouvelles (SC)	TJ Alberta
246	-	8 CKAL	Law & Order: SVU	Squelettes	Belle-Baie (N)	Le Verdict: c'est votre opinion	Bons baisers de France (SC)	Local Programming		
119	705	9 CBXFT	Squelettes	Belle-Baie (N)	Le Verdict: c'est votre opinion	Bons baisers de France (SC)	Local Programming			
-	-	10 SHAW	(6) Local Programming							
-	372	12 KREM	News	Access H.	The Doctors	How I Met	Engagement	Two/Half Men	Big Bang Th	CSI: Miami
-	374	14 KSPS	PBS NewsHour (N)	'Allo, 'Allo!	European Ins.	Antiques Roadshow	American Experience (HDTV)	Hallowed Gmd		
502	390	15 CBC	CBC News: The National	CBC News: The National	CBC News: The National	To Be Announced	The Good Guys "Pilot"	News		
-	370	16 KHQ	(6) NHL Hockey	Philadelphia Flyers at Chicago Blackhawks.	To Be Announced		Friends	According-Jim	Family Guy	Cooper 360
-	373	22 KAYU	The Office	Raymond	Two/Half Men	Two/Half Men	Lie to Me "Tractor Man"	The Good Guys "Pilot"	News	
297	652	37 WPIX	Gossip Girl (HDTV)	PIX News at Ten (N)	Anderson Cooper 360 (HDTV)	Showbiz Tonight	The Joy Behar Show	Planet Speed	Fight Sports	
502	300	29 CNN	Larry King Live (N)	Nancy Grace						
508	502	31 CNN2	The Joy Behar Show	Nancy Grace						
400	400	21 TSN	NBA Basketball Phoenix Suns at Los Angeles Lakers. (HDTV) (Live)	Sportsnet Connected (N)	Hockey Central	MMA Conn	Sportsnet Connected (N)	MMA Conn		
410	418	27 net	MLB Baseball	Sportsnet Connected (N)	Hockey Central	MMA Conn	Sportsnet Connected (N)	MMA Conn		
410	403	30SCORE	(7:15) WWE Monday Night RAW	UFO Hunters	Destination Truth	Ultimate Factories	Survive This	That's Weir	To Be Indie	
411	457	44 QLN	Operate-Repo	Operate-Repo	Racing Chef	NASCAR	Survive This	That's Weir	To Be Indie	
557	541	39 YTV	iCarly	To Be Indie	Survive This	Survive This	That's Weir	To Be Indie		
552	543	20 FAM	Han, Montana	Wizards-Place	Sonny-Chance	Suite Life	Overruled!	Han, Montana	Wizards-Place	Latest Buzz
555	545	67 TOON	Jimmy Two	Johnny Test	Johnny Test	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
575	583	11 CMT	According-Jim	According-Jim	Pushing Tin ** (1999, Comedy-Drama)	John Cusack, Billy Bob Thornton, Cate Blanchett.	Pushing Tin			
553	546	17 TREE	Franklin	Dino	Little Bear	Toopy & Binoo	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan
505	398	19 TWN	(5) EarthWatch One	EarthWatch One	Kim	How Clean	How Clean	Kim	Love It or List It	Love It-List It
602	568	23 W	House-Sell	House-Sell	Kim	How Clean	How Clean	Kim	Love It or List It	Love It-List It
521	560	24 TLC	Cake Boss (N)	Cake Boss	Cake Boss: Ultimate Cake	Cake Boss	Cake Boss	Cake Boss	Cake Boss (HDTV)	Cake Boss
603	561	25 FOOD	Top Chef Masters	Pitchin' In	Glutton	Market Call Tonight	Market Call Tonight	Headline	MoneyTalk	Squeeze Play
615	520	26 A&E	Hoarders (HDTV) (N)	Hoarders (HDTV) (N)	Obsessed "Nidia, Rick"	Beyond Loch Ness (2008, Suspense)	ET Canada	What Happen?	Housewives/OC	Housewives
601	562	33 SLICE	Rich Bride Poor Bride	The Millionaire Matchmaker	Airport *** (1970, Suspense)	Burt Lancaster, Dean Martin.	MythBusters	Without a Trace "Candy"	Comeback Sea	
-	633	34 ENC2	(7:15) Ryan	Shutterspeed (2000, Drama)	Steve Borden.	Canada's Worst Handyman (N)	Dirty Jobs	Teressa Stratas.	Law & Order "Shield"	The Guardian *** (2006, Drama)
620	505	35 DISC	Dirty Jobs	Teressa Stratas.	Law & Order "Shield"	The Guardian *** (2006, Drama)	Kevin Costner, Ashton Kutcher.	The Simpsons	South Park	Finesse
520	523	36BRAVO	(6) La Traviata *** (1982, Musical)	Seinfeld	Seinfeld	The Challenge: Fresh Meat II	UT11	Live	Sex, News-Roll	Coup
294	650	40 WPCB	Law & Order: SVU	Air Force	22 Minutes	The Eastwood Factor (Premiere)	(9:40) Band of Brothers	Training for Normandy.		
626	547	41 COM	Just for Laughs	(6:40) Kelly's Heroes (1970, War) (DVS)	(8:08) Band of Brothers "Points"	Dogfights	Greatest Tank Battles	The Circuit	Worldstorm	Doctor Who "Rose"
-	539	42 TCM	(6) Kelly's Heroes (1970, War) (DVS)	(8:08) Band of Brothers "Points"	Dogfights	Greatest Tank Battles	The Circuit	Worldstorm	Doctor Who "Rose"	Texas Chain
628	584	43 SPIKE	(6:40) Kelly's Heroes (1970, War) (DVS)	(8:08) Band of Brothers "Points"	Dogfights	Greatest Tank Battles	The Circuit	Worldstorm	Doctor Who "Rose"	Texas Chain
522	516	45 HIST	Bloody Italy	Texas Chainsaw Massacre - The Beginning *** (2003)	Clint Eastwood.	Colin & Justin's Home Heist	House Hunters	House Hunters	CTV News	CTV News
627	528	46SPACE	(6) Heartbreak Ridge ** (1986, War)	Clint Eastwood.	Colin & Justin's Home Heist	House Hunters	House Hunters	CTV News	CTV News	CTV News
619	525	49 TROP	Restaurant Makeover	Colin & Justin's Home Heist	House Hunters	House Hunters	CTV News	CTV News	CTV News	CTV News
600	554	50 HGTV	Home to Flip	Property Virgin	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
501	391	52 BTV	CTV News Tonight	Squeeze Play	Business News	Berman's Call	Cold Case "Volunteers"	Dark Waters of Crime	Closer-Home	Fish Out of
504	508	70 BNN	Medium	Umatmin "Herschel Island"	269	507	92 VIVA	Medium	Umatmin "Herschel Island"	269
269	507	93 APTN	Umatmin "Herschel Island"	269	507	92 VIVA	Medium	Umatmin "Herschel Island"	269	507
-	94	MCP	World News	News	571	581	100 MMM	mmtop10.ca	Depgrass: Next	When I Was 17
571	581	100 MMM	mmtop10.ca	Depgrass: Next	When I Was 17	True Life	The Challenge: Fresh Meat II	Video on Trial	Video on Trial	True Life
570	580	101 MM	Depgrass: Next	When I Was 17	True Life	The Challenge: Fresh Meat II	Video on Trial	Video on Trial	True Life	True Life
581	586	102 MTV	The Challenge: Fresh Meat II	Video on Trial	True Life	The Challenge: Fresh Meat II	Video on Trial	Video on Trial	True Life	True Life
-	-	116 TV5	(6) Des racines et des ailes	Le Grand raid des gnous						

critics' corner

Hiccups

In the new episode "Model Patient," Joyce is in need of a cover model for a romance novel she's publishing, and she thinks Anna would be just perfect. Crystal isn't thrilled with her choice, however. Elsewhere, Millie encourages Taylor to use Stan's services but has reason to regret it when Stan has less time for her. 9 PM on CFCN



Two and a Half Men

Well, at least the kid is learning from a master. Charlie (Charlie Sheen) coaches nephew Jake (Angus T. Jones) on the not-so-fine art of infidelity while his girlfriend (guest star Tinashe Kachigwe) is away for Christmas in "Warning, It's Dirty." Carl Reiner guest stars; Jon Cryer, Holland Taylor and Conchata Ferrell also star. 10 PM on CFCN KREM

The Big Bang Theory

Aspiring lotharios Howard and Raj (Simon Helberg, Kunal Nayyar) hit a Goth nightclub in an attempt to score with available — if somewhat freaky — women, while Sheldon (Jim Parsons) tries chocolate-based behavior modification on Penny (Kaley Cuoco). Johnny Galecki also stars in "The Gothowitz Deviation." 10:31 PM on CFCN KREM



The costume department on Gossip Girl has to work a bit harder to clothe Ed Westwick, as the actor insists he's not a fan of underwear. "I show up without it and have to put it on," he says, according to Exposay. **METRO WORLD NEWS**

Celebrity Buzz

Follow these celebrities on Twitter...

CelebTweets

@lindsaylohan Can CHANEL please help me out by getting me some stickers to put on my scram bracelet so that I can at least wear a chic

dress?! maybe!
@JohnStamos mamas, don't let your babies grow up to be...actors. r.i.p. gary

METRO NEWS SERVICE

50 Cent drops 50-plus pounds

LOSING WEIGHT FOR HIS ART THIS TIME Losing 50-plus pounds was a complicated process for 50 Cent — but not an entirely new one.

The rapper, who plays a football player with cancer in the upcoming film *Things Fall Apart*, dropped from 214 pounds to 160 in nine weeks after liquid dieting and running on a treadmill three hours a day.

But the 33-year-old said that when he was shot in the jaw in 2000, he could drink only liquids and his weight dropped to 157.

"This time it was a lot tougher for me," the six-foot-tall rapper said in an interview Friday with the Associated Press.

"I had to discipline myself not ... to actually have myself be in the physical state to convey the energy I felt. It's a passion project for me," said 50 Cent, whose real name is Curtis Jackson.

The film

is about a childhood friend of the rapper who died of cancer, and is in production.

Actors including Robert De Niro, Christian Bale, Tom Hanks and Renee Zellweger are known for adjusting their weight in movies, and 50 said he did research when keeping the weight off got hard.

"I actually got on the computer," he said. "When it started getting difficult, I was looking to see what their experience was like and I got a chance

to see all of the interviews they had at different time periods when they were doing promotion for the projects."

THE ASSOCIATED PRESS



Manager controversy

DID THE DR. MAKE HER DO IT?

Ke\$ha's former managers say the pop star squeezed them out of her career under pressure from hit songwriter Dr. Luke.

But her lawyer said Friday she simply exercised her rights to fire the managers when they didn't perform.

DAS Communications Inc. sued Ke\$ha and Dr. Luke on Wednesday in Manhattan.

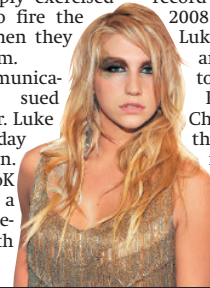
The TiK ToK singer had a 2006 agreement with

DAS. The contract let her end the relationship if she didn't get a major-label record deal in a year.

DAS says she waived the deadline and it lined up a record deal for her in 2008. The firm says Dr. Luke then interfered and persuaded her to cut ties.

Ke\$ha's lawyer, Charles Ortner, says the firm had nothing to do with her eventual record deal.

THE ASSOCIATED PRESS



Idol next for Michaels?

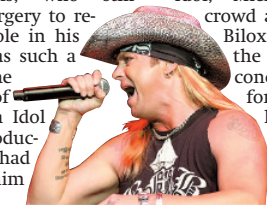
IT'S TECHNICALLY STILL WORKING IN THE MUSIC INDUSTRY...

After surviving a month in and out of the hospital and winning *Celebrity Apprentice*, Bret Michaels may have a new job lined up.

Michaels, who still needs surgery to repair a hole in his heart, was such a hit on the finale of *American Idol* that producers had asked him

to stay on permanently, according to Hollywood Grind. "I can't say this is true yet, because I don't know. Next year they asked me to possibly be the judge on *American Idol*," Michaels told the crowd at a concert in Biloxi, Miss., over the weekend, a concert he performed against his doctor's wishes.

METRO WORLD NEWS



Man sues for trespassing

TOO BOOTYLICIOUS FOR THIS NEIGHBOUR

A man living across from a video shoot for Beyonce Knowles in the Hollywood Hills is suing the singer for nuisance and trespassing, claiming his privacy was invaded by unnecessary

noise and crowds.

Court documents filed Philip Markowitz showed the lawsuit seeking \$25,000 on Friday in Los Angeles against Knowles, a liability company and Dina Cicciotello, a production coordinator for the video shoot for *Why Don't You Love Me*.

THE ASSOCIATED PRESS



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Today

Mostly Cloudy
7°C / 2°C

Tuesday

Partly Cloudy
12°C / 2°C

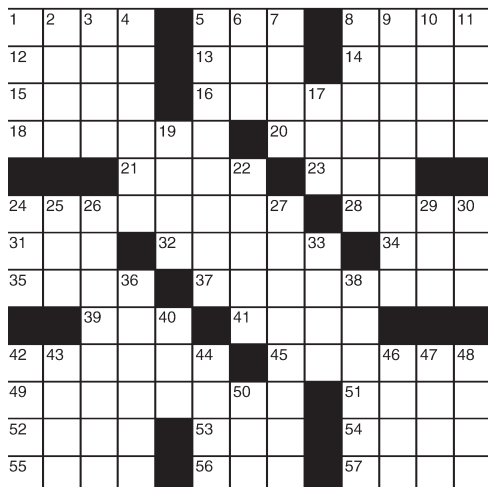
Wednesday

Partly Cloudy
17°C / 5°C

Andrew Schultz, Meteorologist – Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 A.M.



ACROSS

1 Wagon
5 German pronoun
8 Hawaiian dance
12 On the briny
13 Cattle call?
14 Soon, poetically
15 Celebrity
16 Three Bears' meal
18 Walk cautiously
20 Not wide
21 Actress Paquin
23 iPhone, for ex.
24 Concede reluctantly
28 Remove the lid
31 Lingerie item
32 Glacial ridge
34 Before
35 Rotating parts
37 Get unstuck
39 Schedule abbr.
41 Name of 12 Popes
42 Mysterious
45 Rookie
49 President

dubbed "Silent Cal"
51 Bedouin
52 Shaving mishap
53 Type measures
54 Branch
55 Antlered animals
56 Greek consonants
57 Young socialites

DOWN

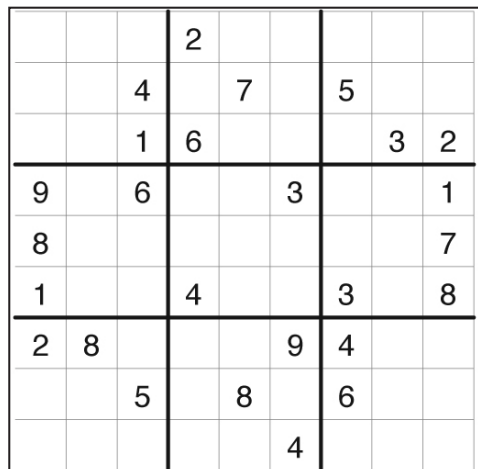
1 Group of actors
2 Wine region of Italy
3 Harvest
4 Dentist's concern
5 Hovered threateningly
6 Dove's comment
7 Trumpet
8 Coiffure
9 Bare
10 Trademark symbol
11 From the beginning

17 Knock
19 Burden
22 "Get — on yourself!"
24 U.K. telly option
25 Historic time
26 Rooster trained to fight
27 Comfort
29 Work unit
30 Born
33 Hint
36 Pursues prey
38 1963 newsmaking villain
40 Blackbird
42 Teen's woe
43 Stir up
44 Paradise
46 Soft cheese
47 Poetic foot
48 Recedes
50 Wildebeest

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Amish Farmer's Light Supper

INGREDIENTS:

2 strips lean bacon, chopped
2 1/2 cups frozen hash brown potatoes with onions and green peppers
5 large eggs
2 large egg whites
1/4 cup 1% milk
1/2 tsp dried chervil leaves or thyme leaves
1/2 tsp salt
1/4 tsp pepper

METHOD:

1. In 25-cm skillet, cook bacon over moderate heat until crisp. Remove bacon, reserving drippings in skillet. Drain bacon on paper towels; set aside.

2. Add potatoes to reserved drippings; cook 8 to 10 minutes or until tender, stirring often.

3. In large bowl, whisk eggs, egg whites, milk, chervil, salt and pepper. Pour egg mixture over potatoes and bacon. Cook over moderate heat with-out stirring, until set on bottom and around edge. (Use corner of spatula to constantly lift cooked edge so uncooked eggs flow to bottom.) Cook 3 minutes or until eggs are almost set. Cover; cook 1 minute or until eggs are set but still moist. Sprinkle with cooked bacon.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20



If you use your imagination today you will come up with a wonderful idea. Others may have doubts that it will work but you can make it happen.

LIBRA

SEPT 23-OCT 23



Try to think beyond your normal limits today. Some of the ideas may be impractical but they will lead you to other ideas that can be made to work.

TAURUS

APRIL 21-MAY 21



Think the unthinkable — then go out and do it. Even if you consider yourself a conservative type of Taurus you will be feeling radical, even rebellious.

SCORPIO

OCT 24-NOV 22



Something you have long believed in is beginning to look a little shaky as facts you were previously unaware of make themselves known.

GEMINI

MAY 22-JUNE 21



Just because an idea isn't practical does not mean you should not go ahead with it. Anyway, who says it isn't practical?

SAGITTARIUS

NOV 23-DEC 21



By all means set yourself new goals. By all means aim high. But don't aim for perfection, for that can never be reached.

CANCER

JUNE 22-JULY 22



There is no need to feel guilty about your desires. They are in no way unusual. You are hiding from yourself what those around you already know.

CAPRICORN

DEC 22-JAN 20



Because you are bored with your current situation you could easily be persuaded to get involved in an issue that is none of your business.

LEO

JULY 23-AUG 23



You may desperately want to believe that someone is telling you the truth but deep down you know it isn't true.

AQUARIUS

JAN 21-FEB 18



What you think is the truth now is liable to be proved wrong later on. Also, the line between fact and fantasy is liable to be blurred.

VIRGO

AUG 24-SEPT 22



The harder you work today the less you will achieve, and the less you achieve the harder you will feel the need to work. It's a vicious cycle.

PISCES

FEB 19-MARCH 20



Is it wrong to enjoy something that has no greater meaning than the fact that you find it pleasurable? Of course not.

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